



BABOL UNIVERSITY OF MEDICAL SCIENCES

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Education

Education

Ph.D., Reproductive Health, Babol University of Medical Science, Iran. 2018

Master of Science, Maternal and child health, Mashhad University of Medical Science, Iran. 1998

Bachelor of Science, Midwifery, Isfahan University of Medical Science, Iran.1991

Research Skills and Publications

RESEARCH SKILLS AND PUBLICATIONS

1. Pasha H, Faramarzi M, Basirat Z, Kheirkhah F, Adib-Rad H. Role of mental health in prediction of sexual function in infertile women, Babol, Iran. *Journal of Education and Health Promotion.* 2021;10(1):171.
2. Fatemeh B, Afsaneh A, Hajar A-R, Razieh A. Exploration of the Students' Perception to Virtual Education in Covid-19 Epidemic: A Qualitative Study. *JNE.* 2020;10(1):91-104.
3. Bakouei F, Nikpour M, Rad HA, Marzoni ZA. Exploration of the Pregnant Women's Experiences During COVID-19 Disease Crisis: A Qualitative Study. Available at SSRN 3634840. 2020.
4. Adib-Rad H, Basirat, Z., Faramarzi, M., Mostafazadeh, A., Bijani, A., Firozpour Bandpy, M. Comparison of women's stress in unexplained early pregnancy loss and normal vaginal delivery. *Journal of Education and Health Promotion.* 2020;9(1):1-5.
5. Seyedi-Andi SJ, Bakouei F, Rad HA, Khafri S, Salavati A. The relationship between self-



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- efficacy and some demographic and socioeconomic variables among Iranian Medical Sciences students. *Advances in medical education and practice*. 2019;10:645.
6. Rad HA, Sefidgar SAA, Tamadoni A, Sedaghat S, Bakouei F, Bijani A, et al. Obesity and iron-deficiency anemia in women of reproductive age in northern Iran. *Journal of education and health promotion*. 2019;8.
 7. Rad HA, Basirat Z, Mostafazadeh A, Faramarzi M, Bijani A, Nouri HR, et al. Reply to: "Recurrent miscarriage: Are NK cell subsets a good predictor?". *Journal of the Chinese Medical Association*. 2019;82(5):444.
 8. Adib-Rad H, Basirat Z, Faramarzi M, Mostafazadeh A, Bijani A. Psychological distress in women with recurrent spontaneous abortion: A case-control study. *Turk J Obstet Gynecol*. 2019;16(3):151-7.
 9. Rad HA, Basirat Z, Mostafazadeh A, Faramarzi M, Bijani A, Nouri HR, et al. Evaluation of peripheral blood NK cell subsets and cytokines in unexplained recurrent miscarriage. *Journal of the Chinese Medical Association*. 2018;81(12):1065-70.
 10. Rad HA, Basirat Z, Bakouei F, Moghadamnia AA, Khafri S, Kotenaei ZF, et al. Effect of ginger and novafen on menstrual pain: A cross-over trial. *Taiwanese Journal of Obstetrics and Gynecology*. 2018;57(6):806-9.
 11. Adib-Rad H, Basirat Z, Mostafazadeh A, Faramarzi M, Bijani A, Aghajanjpour-Mir S. The role of HLA-G in recurrent pregnancy loss: A case-control study. *Ann Trop Med Public Health*. 2018;13: SX738.
 12. Pasha H, Basirat Z, Esmailzadeh S, Faramarzi M, Adibrad H. Marital intimacy and predictive factors among infertile women in northern Iran. *Journal of clinical and diagnostic research: JCDR*. 2017;11(5):QC13.
 13. Nasiri-Amiri F, Bakhtiari A, Faramarzi M, Rad HA, Pasha H. The association between physical activity during pregnancy and gestational diabetes mellitus: a case-control study. *International journal of endocrinology and metabolism*. 2016;14(3).
 14. Basirat Z, Rad HA, Esmailzadeh S, Jorsaraei SGA, Hajian-Tilaki K, Pasha H, et al. Comparison of pregnancy rate between fresh embryo transfers and frozen-thawed embryo transfers following ICSI treatment. *International Journal of Reproductive BioMedicine*. 2016;14(1):39.
 15. Shabnam O, Hajar S, Khyrunnisa B. The Relationship Between Dysmenorrhea and Menstrual Attitudes among Adolescent and Young Females in Urban Area, South India. *World Journal of Medical Sciences*. 2015;12(1):56-61.
 16. Hajar S. Personality Traits and Primarydysmenorrhea: A Cross-Sectional Study in Iranian Medical Students. *Middle-East Journal of Scientific Research*. 2015;23(2):200-6.
 17. Faramarzi M, Salmalian H, Pasha H, Banihosseini Z. Validity and reliability of combination of observed practice with objective structured clinical examination (OSCE) in midwifery final exam. *Annual Research & Review in Biology*. 2015;5(2):124-31.
 18. Faramarzi M, Bakhtiari A, Pasha H, Agajani Delavar M, Salmalian H, Nasiri Amiri F, et al. Effective Factors on Successful Comprehensive Exam in Midwifery Students. *Biannual Journal of Medical Education Development Center (edc) Babol University of Medical Sciences*. 2015;3(1):52-8.
 19. Behmanesh F, Pasha H, Sefidgar AA, Taghizadeh M, Moghadamnia AA, Rad HA, et al.



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Antifungal Effect of Lavender Essential Oil. 2015.

20. Behmanesh F, Pasha H, Sefidgar AA, Taghizadeh M, Moghadamnia AA, Adib Rad H, et al. Antifungal effect of lavender essential oil (*Lavandula angustifolia*) and clotrimazole on *Candida albicans*: an in vitro study. *Scientifica*. 2015;2015.

21. Adib Rh, Basirat Z, Bakouei F. Evaluating the rule of nutrition on the fertility health. 2015.

22. Salmalian H, Saghebi R, Moghadamnia AA, Bijani A, Faramarzi M, Amiri FN, et al. Comparative effect of thymus vulgaris and ibuprofen on primary dysmenorrhea: A triple-blind clinical study. *Caspian journal of internal medicine*. 2014;5(2):82.

23. Mahbobeh F, Hajar P, Seddigheh E, Farzan K, Karimollah H-T, Hajar S. A Survey of Correlation Infertility Self-Efficacy with Behavioral Health Scales in Infertile Women. *Health*. 2014;6:943-9.

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25. Faramarzi M, Salmalian H. Association of psychologic and nonpsychologic factors with primary dysmenorrhea. *Iranian Red Crescent Medical Journal*. 2014;16(8).

26. Salmalian H, Bayani, M*, Bakouei, F., Saghebi, R., Nasiri Amiri, F., Pasha, H., Banihoseini, Z. Health Behaviors and Awareness of Midwives Regard to AIDS Management in Pregnancy. *Life Science Journal*. 2013;10(7s):828-32.

27. Pasha H, Faramarzi M, Esmailzadeh S, Kheirkhah F, Salmalian H. Comparison of pharmacological and nonpharmacological treatment strategies in promotion of infertility self-efficacy scale in infertile women: A randomized controlled trial. *Iranian journal of reproductive medicine*. 2013;11(6):495.

28. Hajar S, Shabnam O, Hossein MT, Maryam N. Assessment of Women's Awareness about the Complication of DepoMedroxy Progesterone Acetate and Related Factors. *Family Health Quarterly*. 2013;3(1):1- 7.

29. Faramarzi M PH, Bakhtiari A, Salmalian H, Delavar MA, Amiri FN, Nikpour M. Test anxiety in objective structured clinical examinations (OSCEs) compared with traditional assessment methods in undergraduate midwifery students. *Health*. 2013;5(12):2204-9.

30. Delavar M, Salmalian H, Faramarzi M, Pasha H, Bakhtiari A, Nikpour M, et al. Using the objective structured clinical examinations in undergraduate midwifery students. *Journal of medicine and life*. 2013;6(1):76.

31. Bakouei F, Basirat Z, Salmalian H, Omidvar S, Bakouei S. Assessment of women's awareness level about symptoms and complications of menopause and methods to their prevention. *Journal of Local and Global Health Science*. 2013;1:1- 6.

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33. Pasha H, Basirat Z, Hajiahmadi M, Bakhtiari A, Faramarzi M, Salmalian H. Evaluation of painless labor with Entonox Gas. *Journal of Babol University of Medical Sciences*. 2012;14(1):70-6.

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35. Salmalian H, Khirkhah F, Saghebi R, Nasiri Amiri F, Hajiahmadi M, Pasha H. Effect of Depo-Provera on depression rate in the women referring to the health center of Babol City. *SJKU*. 2011;16(2):27-35.
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37. Nasiri- Amiri F, Salavati A, Hajiahmadi M, Salmalian H, Ahmadi A. Correlation between Type Delivery and intelligence Quotient in Children at 6- 7 Years of Age. *Journal of Babol University of Medical Sciences*. 2010;12(3):19- 25.
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41. Shabnam O, Fateme B, Hajar s. Clinical education problems from midwifery students at Babol University of Medical Sciences. *Iranian Journal of Medical Education*. 2005;5(2):15- 21.
42. Omidvar S, Bakouei F, Salmalian H. Clinical education problems: the viewpoints of midwifery students in Babol Medical University. 2005.
43. Hajar S. Awareness and practice of women who referred to health centers in Babol city regarding Breast self-examination. *HMJ*. 2005;9(4):291-5.
44. Shabnam O, Hajar s. Investigating the awareness and attitude of family health staff of health centers in the province Mazandaran about vasectomy (2001- 2002). *MEDICAL JOURNAL OF HORMOZGAN UNIVERSITY*. 2004;8(2):91-6.
45. Hajar S, Shabnam O, Mohammad Reza E-D. Mothers' awareness and practice in the prevention and care of diarrhea in children under five years in Babol city (2002-2003). *Journal of Babol University of Medical Sciences*. 2004;25(1):81-7.
46. Hajar S, Khalil F, Talat K. Study of the Knowledge, attitude and practice of Rooming – in nurses and midwives of Hospitals in Mashad , Iran. *Journal of Sabzevar University of Medical Sciences*. 2004;11(2):42-9.
47. Hajar S. Evaluation of Discomforting Clinical Symptoms in Norplant Users who referred to health centers in Babol city. *Scientific Journal of the School of Midwifery Nursing of Nasibeh Sari*. 2004;7(4):45-50.

BOOK PUBLICATIONS

[book] 1. *Obstetric Ultrasound Made Easy*. Translators: Shabnam Omidvar, Hajar Adib-Rad, Publisher: Babol University of Medical Sciences, Persian, 2006, ISBN: 964-7509-36-7

[book] 2. *Normal Delivery*, Publisher: Babol University of Medical Sciences, Authors: Mahbobeh Faramarzi, Hajar Adib-Rad, Shabnam Omidvar, Fatemeh Bakouei, Afsaneh bakhtiari, Hajar Pasha, et al. Persian, 2006, ISBN: 964-7509-29-4



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- [book] 3. Maternal and Newborn Nursing, Publisher: Babol University Of Medical Sciences, Authors: Shabnam Omidvar, Fatemeh Bakouei, Hajar Adib-Rad, Persian, 2005, ISBN: 964-7509-18-9
- [book] 4. Varney Midwifery, Publisher: Exire Ghalam Publications, Translators: Mahbobeh Faramarzi, Hajar Pasha, Afsaneh bakhtiari, Hajar Adib-Rad, Fatemeh Bakouei, Shabnam Omidvar, Persian, 2013, ISBN:978-600-91890-4-5

Projects

Approved Projects (Proposal) 2020 - 2021

1. The survey Spiritual health and quality of life in women with breast cancer in Babol city (2021), IR.MUBABOL.HRI.REC.1400.055
2. The survey of sleep disorder and quality of life in the fertile women and women with recurrent miscarriages in Babol city in 2021, IR.MUBABOL.HRI.REC.1400.027
3. The effect of computer-based stress inoculation approach on pelvic pains, depressive signs and anxiety in students with primary dysmenorrhea in Babol University of Medical Sciences, IR.MUBABOL.REC.1400.184
4. Study of self-care and quality of life in women with gestational diabetes in Babol city (2020), IR.MUBABOL.REC.1399.346
5. The effect of cyberspace education on maternal breastfeeding self-efficacy and empowerment in Savojbolagh in 2020, IR.MUBABOL.REC.1399.334
6. Self-efficacy and lifestyle in women with gestational diabetes in Babol city (2020), IR.MUBABOL.REC.1399.266
7. The survey emotional intelligence and job stress in the midwives in Babol city (2020). IR.MUBABOL.HRI.REC.1399.083
8. The effectiveness of face-to-face and cyberspace educational intervention on the theory of planned behavior on breast self-examination, IR.MUBABOL.REC.1399.208
9. The effect of education on knowledge and practice of midwifery students about IUD and Pap smear in Babol University of Medical Sciences, IR.MUBABOL.REC.1399.059
10. Investigation of childbirth motivation and fertility preference in Babol women. IR.MUBABOL.REC.1399.052